



Garmin Vivoactive HR Display Replacement

This guide shows how to replace the touch screen display of a Garmin Vivoactive HR smartwatch.

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INTRODUCTION

This guide uses the iOpener and black spudger to remove the broken screen from the device, allowing for replacement. Screen replacement will compromise waterproof integrity.

TOOLS:

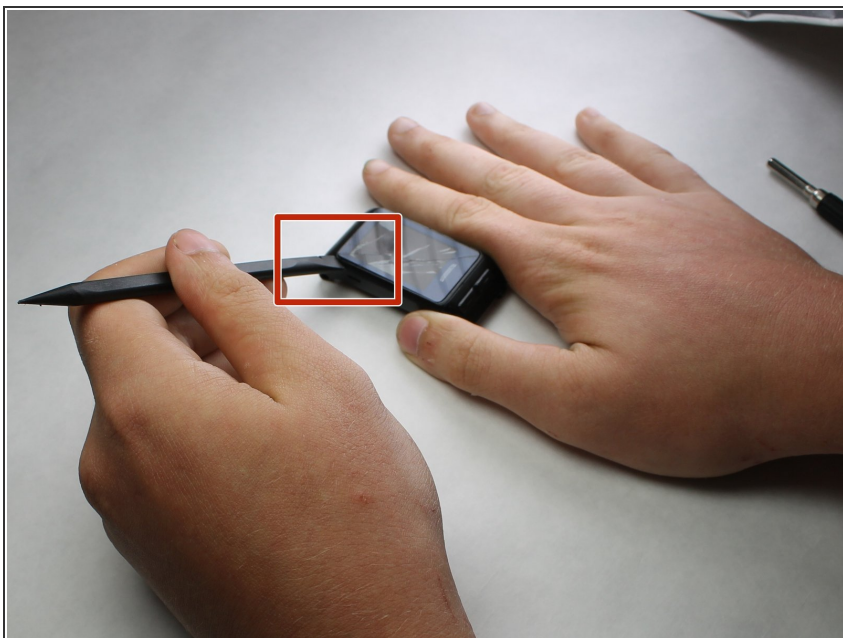
- [Spudger](#) (1)
 - [iOpener](#) (1)
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Step 1 — Display



- Apply the Heated iOpener to the display for 30 seconds to soften the adhesive..

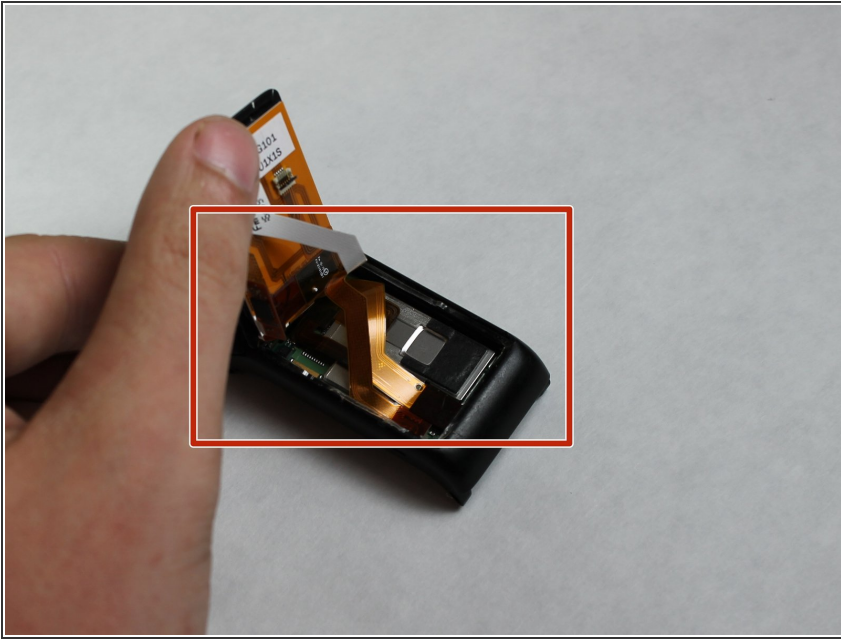
Step 2



- Insert a spudger between the display and watch body.
- Pry upwards and work the spudger around the perimeter of the display to free it from the body.

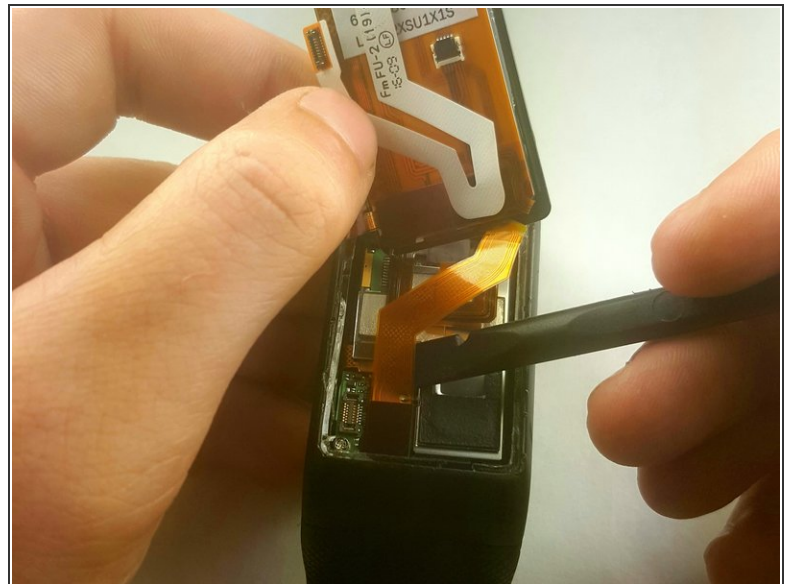
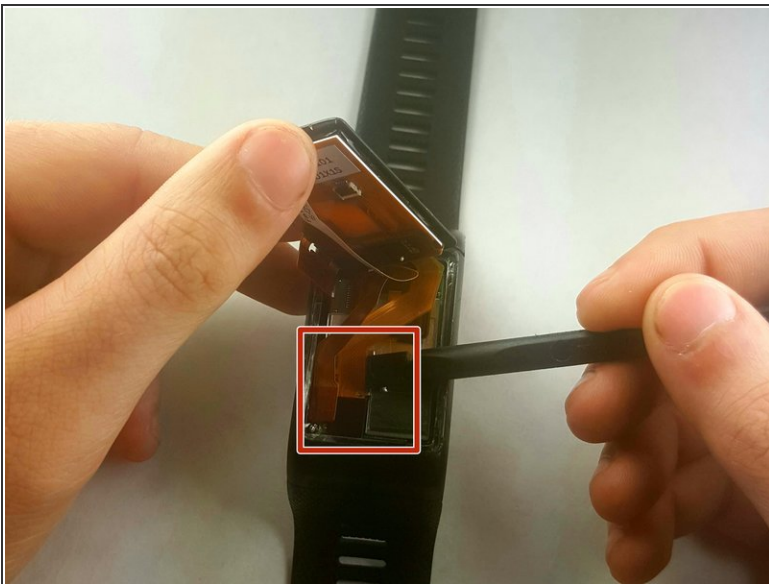
⚠ The display is still attached with ribbon cables so don't remove completely.

Step 3



- Lift the touchscreen to expose ribbon cables that connect it to the main circuit board.

Step 4



- Use the flat end of a spudger to disconnect the display cable press connectors from the motherboard.

To reassemble your device, follow these instructions in reverse order.

This document was last generated on 2019-07-16 06:01:09 AM.