How to Use a Needle Threader

Use a needle threader to thread a needle.

Written By: Brittany McCrigler
# INTRODUCTION

Having trouble getting the thread though the eensy-weensy eye of that needle? Not to worry—a needle threader makes the task simple.

## TOOLS:
- Needle Threader (1)
- Needle (1)

## PARTS:
- Spool of Thread (1)
Step 1 — How to Use a Needle Threader

- Take the needle threader in one hand, and the needle in your other hand.
- Insert the wire loop on the needle threader through the eye of the needle.

Step 2

- Hold both the needle threader and needle in one hand, while keeping the loop of wire on the needle threader through the eye of the needle.
- Insert your thread through the loop of wire on the needle threader.
- Pull the thread through the loop so that you have a tail of least a few inches in length.
Step 3

- Fold the tail over to meet the other thread.
- Hold both lengths of thread together.

Step 4

- While holding both threads, pull the wire loop of the needle threader out of the eye of the needle.
- Once the wire loop is out of the eye, release the tail end of the thread.
- Pull the needle threader off the thread. This will bring the tail end through.
Step 5

- Pull the tail end of the thread until both threads are equal in length.

- Holding both lengths of thread together, tie a knot near the end and pull it tight.

ℹ️ This will trap the needle in the loop of thread and allow you to sew with doubled thread. If you prefer to sew with a single thread, tie a knot in only one of the threads, not both.