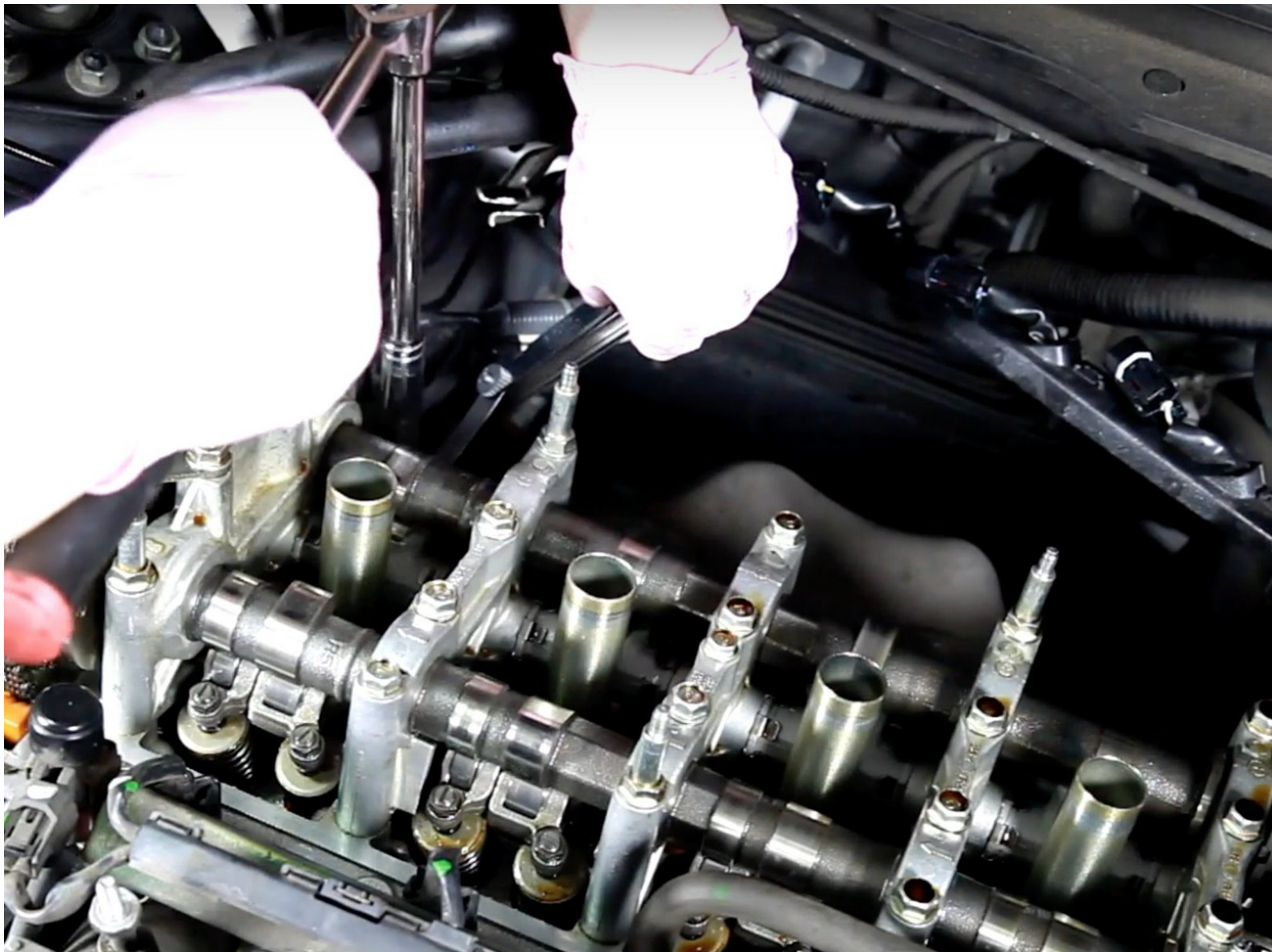




# How to Adjust Valves 2003-2007 Honda Accord

A video tutorial on how to adjust the valves on a 2003-2007 Honda Accord.

Written By: eCuration



## INTRODUCTION

This is for the inline 4 cylinder, the V6 will be different. The first thing you need to do is remove the cylinder head cover. You can refer to our head cover gasket removal video. The crankshaft turns 180 degree clockwise (camshaft pulley turns 90 degree). You will have to turn the crank pulley when adjusting the valve clearance on each cylinder.

### Torque specs:

- 14 ft. lbs - Intake locknut
- 10 ft. lbs - Exhaust locknut

### Valve lash specs:

- 0.21-0.25 mm (0.008-0.010 in) - Intake
- 0.28-0.32 mm (0.011-0.013 in) - Exhaust

## Safety

If this is your first time working on a vehicle read our [safety tips](#) before proceeding.

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### TOOLS:

- [1/2" Drive Ratchet](#) (1)
  - [3/8" Drive Ratchet](#) (1)
  - [3/8-Inch Drive Extension Bar](#) (1)
  - [1/2" Ratchet Extension](#) (1)
  - [19mm Deep Socket](#) (1)
  - [Large Needle Nose Pliers](#) (1)
  - [Flathead Screwdriver](#) (1)
  - [Feeler Gauge](#) (1)
  - [10mm Deep Socket](#) (1)
  - [Torque Wrench](#) (1)
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To reassemble your device, follow these instructions in reverse order.